



# Sport, Physical Activity and Recreation Branch – SPAR –

February 2024 Newsletter

## National Coaches Coaching Certification Program (NCCP) Updates

The March NCCP schedule has been posted on the [NCCP Multi-Sport Calendar](#). Coaches are encouraged to register early as courses fill up quickly.

Applications for the [2025 Canada Summer Games Women in Coaching Apprenticeship Program](#) are now being accepted by Provincial Sport Organizations (PSOs). The February 12, 2024 deadline is approaching quickly! Interested coaches are encouraged to contact their PSO for an application form or can check the website for program information, including guidelines, application form and deadlines.

Have you checked out the Coaching Association of [Canada's Mental Health and Sport Resource Hub](#) yet? The Hub provides the tools and information to overcome stigma and guide conversations about mental health. This free online portal offers training and resources for coaches to develop mental health literacy and positive coaching practices to improve performance and well-being in sport.

## 2024 Alberta Winter Games: February 16-19, 2024- Grande Prairie, Alberta

Congratulations to all the athletes who qualified to compete at the 2024 Alberta Winter Games!

2,800 athletes and coaches representing eight regions across the province will proudly wear their zone colors into the Opening Ceremonies on February 16 in Grande Prairie.

Come cheer on the best young athletes in Alberta as they compete in 18 different sports. Check out the [2024 Alberta Winter Games website](#) for schedules and ticket information.

Good Luck to everyone competing at the games!

## 2024 Arctic Winter Games: March 10-16, 2024

The Countdown is on for Team Alberta North as they get ready for the 2024 Arctic Winter Games in the Mat-Su Borough, Alaska.

250 athletes, coaches' managers, and mission staff will proudly wear Alberta colors as they walk into the Opening Ceremonies on March 10, 2024.

Go to the [2024 Arctic Winter Games website](#) for an updated list of Team Alberta North athletes and additional games information.

## ParticipACTION Community Challenge

The Community Challenge is coming back in June 2024! Although it is still a few months away, it is never too early to contact your municipality and spread the word so that your community has the best chance of being named Canada's Most Active Community and winning \$100,000 to support local sport and physical activity initiatives!

Don't forget! The deadline for grant applications is February 13, 2024. Grants are designed to increase sport and physical activity participation with an emphasis on equity-deserving groups, because everyone should have the opportunity to enjoy the mental and physical benefits of being active, including the essential feeling of inclusion and belonging to a community.

Go to the [ParticipACTION website](#) for more information.

## Concussion Awareness

The #Headstrong Canada campaign is based on the Government of Canada's Concussion Framework and the



[Concussion Awareness toolkit](#), is designed to give every sport organization the resources they need to show they are concussion smart and to learn the key points in Concussion Awareness



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